

www.chha-hamilton.ca chhahamilton2@gmail.com

#### **Canadian HARD of HEARING Association**

## **CHHA-Hamilton**

## **HERE, HEAR!! Newsletter**

**Rob Diehl, President** 

May, 2016

Remember . . . You are not alone!

#### **Executive**

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#### **Committees**

- Advocacy
- Bylaw
- Cochlear Implants
- Golf
- Health Fair
- Newsletter
- Speech Reading
- Sponsors

#### You are invited to the

# 2nd Annual Hearing Health Fair

This is an opportunity to chat with the experts. "Hear" about the newest hearing aid technology, wireless assistive listening devices, tinnitus information, looping, speaker and free hearing screenings

DATE: Thursday, May 19th, 2016

**<u>Time</u>**: 6:00 pm to 8:00 pm

**Location**: South Gate Church,

120 Clarendon Ave. Hamilton L9A 3A5

Registration & Contact info:

905-575-4964 or chhahamilton2@gmail.com

**Charge**: \* Members—no charge

\* Guests - \$5.00 donation

Parking: free parking in rear & lots of street parking

Refreshments ALL ARE WELCOME!

IF you have questions, these professionals will have the answers for you:

\*Better Hearing Solutions, \*Connect Hearing,
\*Costco, \*Hear for Life, \*Hearing Instrument
Services, \*hear right Canada, \*Hearing Solutions,
\*Hear More Canada

# **President's Message**

The CHHA-AGM in Winnipeg is about a month away and I'm really looking forward to attending the CHHA Leadership in Action workshop being hosted by CHHA-National. This is a different format from the usual large conferences, and will include the CHHA AGM followed by two days of workshops. Representatives from CHHA Chapters and Branches from all over Canada will be gathering to discuss Chapter and Branch Development, Membership, Fundraising, Social Media, Advocacy and Volunteers, Network, and Team Building. This promises to be a very informative weekend, and I'm looking forward to bringing home some great ideas that we can apply to at the Hamilton Branch level. I always look forward to these events because the sense of community is incredible. Each year I come back motivated and re-energized by this positive event.

This AGM will also mark the end of my term serving on the National Board of Directors. The past three years have been a very valuable learning experience for me, and I'm proud of what we have been able to accomplish over that time given a number of challenges we faced during that time.

CHHA-Hamilton has also been getting busier over the past few months. In March, we hosted our first general meeting of 2016 with a fantastic guest speaker, Jo DeLuzio. Jo is a clinical audiologist with a PhD in Speech-Language Pathology. She has been teaching Applied Audiology at U of T since 2000. Jo walked us through the questions one needs to ask when purchasing the correct hearing aid. This generated some great conversation and was enjoyed by all that were in attendance.

We also have some great events coming up over the next few months.

On **May 19** from 6 p.m. – 8 p.m. join us at South Gate Church for our Hearing Health **Fair**. This will give you the opportunity to speak with numerous experts about hearing loss, hearing aids, assistive listening devices, and much more!

Next, on Sunday, **June 26** from 2 p.m. – 5 p.m. we will be hosting the 7<sup>th</sup> Annual Meeting of the Cochlear Implant recipients of the Ontario Southwest Regional Cochlear Implant Club in conjunction with Sunnybrook Hospital at Tansley Woods Community Centre in Burlington. This is always a fantastic event full of the latest information from Sunnybrook Hospital, and is also a great opportunity to

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# Ask cathy ...

Cathy not only wears hearing aids herself, she is also the retired general manager of Provincial Hearing Consultants.

Send your questions to Cathy: chhahamilton2@gmail.com

Q How should I choose my clinician?

A. This is often times a very hard decision especially for new users. All clinicians are not made equal. Some first thoughts are:

Do they really seem to care about how you are hearing? This might seem obvious but some clinicians are more worried about what comes out of their computer screens than how you are actually hearing.

Are they available? Do you have to wait for a week or two to get into see them? Even if it's just a simple problem? Most clinics accept walkins and many problems can be fixed in a matter of a few minutes.

Are they located close to you? Getting to your clinician can sometimes be very difficult especially for an elderly community. There are a lot of hearing clinics servicing every area of Hamilton. If you're not thrilled with your clinician maybe consider changing to a closer one.

Do they speak your language? This is often hard to find but a clinician that can speak your native tongue fluently is a huge plus when trying to communicate as there might be some miscommunications that develop if a translator cannot come to the appointments with you.

<u>Competency</u>. Do you feel confident that your clinician can handle your problems?

Do they always seem to be overwhelmed and unable to solve your issues as they arise? If you feel bad going to your clinician because they seem flustered or upset you should probably find a new clinician.

Price and ongoing costs. If the price is higher at some clinics it is sometimes because that clinician would rather charge a bit more but provide you outstanding customer service. They will sell fewer hearing aids but every hard of hearing person in the door will be treated much better than at some places that sell hearing aids very cheaply and are more worried about volume of sales rather than service like some discount clinics.

Notice I put price last in the list of reasons most people put it as number one but if you think about it hearing is the way we communicate with each other. If you want to hear the best and have the most chance of communicating with the people you love is going with the least expensive option the best idea? There are many places to help you get funding your clinician should know all of them.

#### Continued from page 2...

network with CI recipients, those awaiting surgery, and those who are looking for more information.

We hope to see you at all of these great upcoming events.

Rob Diehl, CHHA-Hamilton President

#### **CHHA EVENTS**



## The 7th annual Meeting

of the

**C.I.** recipients of the Ontario South West Regional

## Cochlear Implant Club

You are invited to join us on Sunday June 26th, 2 - 5 pm

**Tansley Woods Community Centre** 1996 Itabashi Way - Burlington

- \$5 donation requested for non CHHA members
- ♦ Captioning available
- ♦ Free parking
- ♦ Refreshments
- ALL are welcome!
- To register: chhahamilton2@gmail.com or
- (905) 659-7347



# IMPROVE your lip reading with COPING SKILLS

- ♦ Learn about assistive listening devices
- Hear from audiologists & hearing aid specialists
- A Have fun & socialize with others who experience the same difficulties you have.

Levels I & II—starting mid-September 10 weekly classes for \$30.

To register or info: chhahamilton2@gmail.com Phone (905) 659-7347



#### Be sure to visit these fine vendors at the FAIR

### **Better Hearing Solutions**

is a Hamilton provider of assistive listening systems to venues such as TV rooms, churches, meeting halls and theatres. Our specialty is hearing loop systems, the invisible solution for an invisible disability. Hearing loops shut out background noise, allow you to focus on the sounds that you want to hear and work directly with your hearing device – no headphone

www.betthearingsolutions.ca

## **Connect Hearing**

Listen. Hear. Connect.

We believe that every sound connects us to our world. We enable better hearing. We offer a full spectrum of hearing testing and solutions to meet our customers' lifestyles and budgets. Our approach with customers is warm, professional and straightforward:

- Listen to our customers to identify the communication loss.
- Hear which environments are most important to them for communication.
- Connect our customer with the best hearing aids for their individual loss. www.connecthearing.ca

### **Costco (Ancaster)**

Using state-of-the-art equipment, our -Commissioned, licenced hearing professionals can identify your hearing issue and recommend solutions. Our Hearing Aid Centre offers custom-tailored digital devices in a variety of sizes and styles. Your Costco membership includes a complete hearing assessment along with complimentary follow-ups and cleanings.

For more information call 905-304-2470

#### **Hear for Life**

Hear for life is independently owned and operated by Canadian sisters, Rhonda & Lisa Martin, since 1988. Our mission is simple, to help those with hearing loss improve the quality of their lives by helping them hear better now and in the future. We personally guarantee expert hearing care and award winning products. In providing professional, community-based hearing healthcare services, we aim to help you hear better and live better.

www.hearforlife.ca

## **Hearing Instrument Services**

Hearing Instrument Services is a hearing clinic serving Hamilton & area. Our services include: in-home hearing tests, adult hearing assessments, hearing aid evaluation, prescription and fitting, hearing aid repairs, cleaning & regular maintenance, TV listening systems & other devices, pairing of Bluetooth devices, complete auditory processing assessments, wax removal, batteries available, service to your home by appointment

www.hearinginstrumentservices.com

#### **Hear More Canada**

Hear More Canada 195 Plains Road East, Burlington (289) 245-1234 Hear More Canada is focused on delivering best possible patient care and helping people live more through better hearing. Free complete hearing assessments. Need hearing aids? We provide hearing aid solutions for all lifestyles, budgets and types of hearing loss. Hearing aids range from \$395 to \$3000. We'll assure you get the best price on hearing aids at Hear More Canada. We will beat any competitor's price by \$50. Our hearing aids include 3 year manufacturer warranty, 2 year loss & damage warranty, FREE batteries for 3 years and 90 day trial periods.

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### hear right canada

Our family has been involved in the hearing care business for many years. Like most consumers we noticed the prices of electronics like laptop computers had been coming down, but the prices of hearing aids seemed to be rising. Our goal is to provide quality hearing care at low prices, starting at \$300 (after OHIP funding). Hear Right provide the latest in brand name hearing aids. Hearing tests are free. We will walk you through the choices and options until you are comfortable with your decision www.hearrightcanada.ca

## **Hearing Solutions**

Hearing Solutions clinics are unique in that patients are afforded the opportunity to purchase hearing aids at the same place they have their hearing tested, unlike at a doctor's office or a hearing aid retailer; all Hearing Solutions clinics are staffed and equipped to provide complete hearing evaluations as well as comprehensive and professional hearing aid fittings. In addition to state-of-the-art equipment and the latest technologies in hearing aids, Hearing Solutions staff includes registered dispensing Audiologists and Hearing Instrument Practitioners.

www.hearingsolutions.ca

# The Links Between Hearing Loss & Dementia

Are you interested in this topic?

If so, be sure to 'hear' Jerry Bennett Au.D., Doctor of Audiology speak at the CHHA Hearing Health Fair on Thursday, May 19th.

See page 1 for details.



# Have you "heard" about volunteering?

As you may know, the Canadian HARD of HEARING Association is a non-profit organization, whose goal is to support and educate people with hearing loss. www.chha-hamilton.ca

CHHA-Hamilton has openings for people that have a willingness and eagerness to help at our four annual general meetings, as well as attending occasional health fairs.

Working together to support people with hearing loss gives a person a sense of fulfilment and satisfaction.

You'll be joining a good group, not only contributing but having fun, too.

The Nomination Form is on page 7. So, think about it . . . but don't think too long.

If you have any questions, please contact us at chhahamilton2@gmail.com





Hamilton Branch chhahamilton2@gmail.com

www.chha-hamilton.ca Charitable Reg. No. 89647 8419 RR0001

# **CALL FOR NOMINATIONS**

To the CHHA-Hamilton Board of Directors

Any nominations not dated (if e-mailed) or postmarked (if mailed)

By August 31st, 2016, cannot be considered

#### **CHHA-Hamilton Board Nomination Sheet**

Complete and return by August 31st, 2016
<u>To</u>: chhahamilton2@gmail.com <u>or</u> CHHA-Hamilton, 762 Upper James St., Suite 122, Hamilton, ON L9C 3A2, Attention: Mrs. Linda Baine

### **Nominee Information**

Name			
Mailing Address			
	E-mail		
Nominated By			
Signature		 Date	
By signing below, I co CHHA-Hamilton Boar	onsent to have my name p od of Directors	laced into nomination	for the
Signature of Nominee		Date	

### **WHY JOIN CHHA?**

- We offer speech reading classes to assist you in communicating
- We are advocates for those who suffer from hearing loss
- We host events that help build community amongst hard of hearing individuals
- We raise funds to assist the hard of hearing in our region

Charitable Reg. No. 89647 8419 RR0001

All of these projects help us to fulfill CHHA's mission to make the community a better place for the hard of hearing. Please renew your membership or join us for the first time and find out what CHHA is all about.

To keep our association strong we have to know that *you* are supporting us by becoming a member.

Craíg Ellís, Membership Chair

#### CHHA-Hamilton Membership Application & Renewal Form

Your Membership is due effective <i>now</i> to – August 31, <b>2017</b>			
Please mail this form with your payment to: CHHA Membership, 762 Upper James, Suite 122 Hamilton, ON L9C 3A2			
Name:			
Address:			
City/Postal Code:			
Telephone: e-mail:			
Age: 19—30 31—50 51+			
I hereby apply for one of the following memberships (please check one): Individual Membership: \$35.00 / year Family Membership: \$50.00 / year Lifetime Membership: \$300.00 plus \$5.00 / year			
Make cheques payable to: CHHA-Hamilton			
Remember You are not alone!			
<b>Donations to CHHA-Hamilton</b> may be made in memory of loved ones and friends. Tax receipts will be issued and announcements sent to the family.			